



North Texas Chapter of Co-Dependent's Anonymous
Dallas, Fort Worth, Carrollton, Denton, Frisco, Garland, Mesquite, Richardson, & Tyler

Limited Space



STEP STUDY

12-16-week in-depth study covering each of the twelve steps which are the cornerstone of our program. Step studies do not occur often, so this is a great opportunity to learn how to implement the steps into your daily life. For many of us, our codependent behaviors are almost automatic. Come learn how you can begin to *break* the cycle of codependency.

JOIN EARLY! Step study may be closed to new attendees at the conclusion of Step 3.



Starts February 5th

RICHARDSON

Wednesdays

8:30pm-9:30pm

Online Sign up

<https://tinyurl.com/NTXCSG>

Arapaho United Methodist Church

Room 35 - 1400 West Arapaho Road

Richardson, TX 75080

Additional info, contact John W. at (214) 766-7432

[Learn more here -> Why Participate in a Step Study?](https://northtexascoda.org/coda-process/working-the-steps/)

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